

TEAM NEWS



Welcome to our two new team members Vici who has joined us as a dental nurse currently working with Mr Brandon, and Imanta our new dental hygienist. On the 25th August, Tasha and Kerrie took part in The World Bog Snorkelling Championships held in Wales and raised £500 for Cancer Research UK.. In September our practice manager Trina celebrated her 20th year at the practice. In March we held a sponge throwing event and managed to raise over £200 for "Comic Relief" while the dentists were thoroughly soaked! We were featured on "South Today" and the picture shows their cameraman shooting his footage. Thanks to Kerrie and Tasha for organising this so well.

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CFH
St Peters Park
Wells Road
Radstock
BA3 3UP

Budget for your Dental Care

Many of our patients have joined our Denplan Care plan which enables you to have quality care at a set monthly cost. Costs start from as little as £9.81 per month. In the current financial climate this can often be the best way to cover your ongoing treatment costs. If you are interested in this, please ask us any of our team to work out your Denplan category and provide you with further information.

Practice Details

Moorlands Road Dental Practice

30 Moorlands Road

West Moors

BH22 0JW

T: 01202 872614

E: reception@moorlandsdp.co.uk

W: www.moorlandsdp.co.uk

Practice Hours

Monday 8.30am - 5.00pm
Tuesday 8.30am - 5.30pm
Wednesday 8.30am - 5.00pm
Thursday 8.30am - 5.00pm
Friday 8.30am - 4.00pm

Closed for lunch 12.30 - 1.20pm

Staff

Trina Baker	Practice Manager
Andrew Hawker	Dentist
James Brandon	Dentist
Melanie Coward	Dentist
Sharon Kitt	Hygienist
Imanta Zarina	Hygienist
Kerrie	Receptionist
Tasha	Receptionist
Kay	Dental Nurse
Zara	Dental Nurse
Laura	Dental Nurse
Vici	Dental Nurse

Orthodontic Treatment



The above pictures show a patient we treated as a child with orthodontic appliances to show the considerable improvement in tooth position that can be achieved.

Orthodontic treatment is a way of straightening or moving teeth, to improve the appearance of the teeth and how they work. It can also help to look after the long-term health of the teeth, gums and jaw joints, by spreading the biting pressure more evenly over all the teeth. Many people have crowded or crooked teeth. Orthodontic treatment will straighten the teeth or move them into a better position. This not only improves the appearance but also the way the teeth bite together, while also making them easier to clean.

In some patients the upper front teeth can stick out and look unsightly. These 'prominent' teeth are more likely to be damaged, but orthodontic treatment can move them back into line. In others, the way the upper and lower jaws meet can cause teeth to look unsightly and lead to an incorrect bite. Orthodontic treatment may be able to correct both of these types of problem. Orthodontic treatment is generally best carried out in children, but adults can have orthodontic treatment too.

Orthodontic treatment can be done by many sorts of appliances, which most people know as 'braces'. It is now possible in certain situations to use "invisible braces". They are tough, clear plastic 'aligners' that are used to straighten teeth. Several sets of specially moulded, slightly different aligners are made for each patient. Each set is worn for three weeks before being replaced with the next one. They are made from clear plastic, so they are nearly invisible. This means that no one need know you are straightening your teeth.

We have a small amount of capacity in the practice at present to carry out orthodontic treatment for children on the NHS. Suitability for this is decided by an index of treatment need and NHS treatment may sometimes not be available for children whose teeth only need a small amount of correction. For children who are not eligible or for adults we are able to offer orthodontic treatment privately, along with the newer treatments like the "invisible aligners" described above. We can offer cosmetic tooth-coloured braces privately too.



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Welcome again!

Welcome to the second issue of Moorlands Dental News. This issue focuses on orthodontic treatment (tooth straightening) and hygienist care.

It is my 25th year in West Moors this year and I can reflect back on the massive improvements that we have been able to make over that time. When I first started here it was a very small team – Mr Hobbs and I, our 2 nurses Janet and Sandra and our 2 receptionists Amanda and Elaine. We used to have to take the appointment book into the waiting room to make the appointments, and our nurses had to wear nurses caps! Dentistry was much more “make do and mend” and we did not have hygienists or the wonderful cosmetic treatments that are available today.

Please be aware that at your regular check-ups all the dentists in the practice screen your mouth for oral cancer, which we believe to be an essential part of our service. Oral cancer is a serious condition, which can be fatal if untreated. Over my 25 years in the practice I personally have referred many patients with suspicious signs to be checked at the hospital. Over this time, 4 of my patients have proved to have oral cancer. They subsequently had treatment and I am pleased to say that all of these patients are still fit and well at the time of writing.

We rely on your feedback for this newsletter to be successful, so please let me know of any topics that you would like covered in a future issue or of any feedback you have about our practice. You can e-mail these comments to

ajh@moorlandsdp.co.uk

Yours sincerely,

Andrew Hawker

PS: When you have finished reading it, please pass this newsletter on to any friends or relatives who might be interested in our practice.



“Now which sticker shall I choose?”

Hygienist Care

At Moorlands Road we offer a comprehensive service to treat gum disease. All our dentists carry out regular gum checks and we refer patients for hygienist care when necessary. Sharon and Imanta are our hygienists in the practice, and regular visits to a hygienist are the key to achieving really successful preventive dental care. If you maintain a high level of oral health, it has benefits not only for the life of your teeth, but also for your general health. Research has shown strong links between the presence of gum disease and an increased risk of heart attack and strokes, so the impact of your oral health is not confined to your mouth. In addition to general health considerations there are some obvious benefits in: fresher breath; a more confident smile; a more comfortable mouth - with an end to bleeding gums. Your visit to our hygienist will teach you:

- ✓ Exactly how to brush your teeth
- ✓ various ways of cleaning between your teeth
- ✓ the treatment and control of any existing gum disease.

What we can do for you

Amongst our services, we are able to:

- Whiten teeth
- Straighten teeth
- Create nicer smiles
- Replace missing teeth
- Replace dark fillings with white fillings

We are always pleased to welcome new patients on recommendation, so please mention our services to your friends, family and work colleagues.

Let us know if you or your friends would like any further information about these services. Our website www.moorlandsdp.co.uk contains much more information about our practice and services.

An Offer to make you smile

For a limited time we are giving a £20 Boots voucher to each patient who recommends a new adult patient who attends our practice (one per patient) Offer expires 31/5/09 Quote ref: S09